## Introduction to FASD For service providers working with children and young people

Fetal Alcohol Spectrum Disorder (FASD) is estimated to affect 2-5% of Australian children, with much higher rates identified in some populations. FASD is a lifelong, brain-based disability which impacts learning, memory, behaviour, attention, communication, executive functioning, impulse control and other cognitive skills. Children with FASD have complex needs and require FASD-informed support in order to learn, communicate and thrive.

## Wednesday 5 July | 9am - 4pm **Double Tree Hilton, 82 Barrett Drive Alice Springs**

## FREE full day workshop Strategies-focused introduction to FASD for service providers

NOFASD's information session provides an overview of FASD and its challenges. In order to understand and support anyone that has FASD it is essential to understand how the brain has been affected. The workshop content includes:

- description of FASD, cause and prevalence
- the diagnostic process
- effects of FASD on the individual •
- challenges for families living with FASD
- latest research
- what are meltdowns
- parent's journey
- children and young people with FASD
- effectively responding to individuals with FASD
- strategies for support and learning

The National Organisation for Fetal Alcohol Spectrum Disorders (NOFASD) Australia is the oldest established FASD organisation in Australia. Founded and led by parents and carers for more than 20 years. NOFASD has been delivering workshops to community organisations for nearly 10 years. Feedback is consistently positive, with over 95% of participants who completed this workshop stating that they would recommend it.

Morning tea, lunch and afternoon tea provided

Register here: FASD for Service Providers or contact Laura at Communities for Children Alice Springs on cfcalicesprings@anglicare-nt.org.au or 8951 8000





for Children





National Organisation for Fetal Alcohol Spectrum Disorders



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