### We Al-li's Facilitator Training Recreating Songlines from Trauma Trails: The ceremony of Indigenous Facilitation Practice

# A Five Day Training Program developing facilitation skills for professional practice



Culturally Informed Trauma Integrated Healing to Community and Organisations

This five-day residential intensive workshop has been designed for people who are wanting to deepen their personal and professional development:

- In Indigenous Facilitation Practice in the trauma healing space;
- That are wanting to continue to learn, through being actively involved in We Al-li's mentorship model, including access to the facilitation progression system unique to We Al-li.
- Incorporating self-care and development of a Community of Care within the group.

This 5-day intensive will enhance the many skills YOU bring with you and introduce you to the We Al-li way of working. Our workshops are experiential, focusing on process work as an embodied learning approach, that are deep and at times confronting but optional sessions that can challenge both the Facilitator and the participants.

#### Aims of this Workshop

To create a safe circle to enable participants to immerse themselves in Indigenous Facilitation Practices from an experiential perspective, drop into truth telling (past, present and future) and find and tell their stories, make sense of their stories, feel the feelings, move through the layers of loss, grief and trauma to ownership of choices, leading to strengthening cultural and spiritual identities – both individually and collectively.

#### **Objectives of this Workshop**

To establish a safe circle through observing protocol and ceremony to facilitate the mapping of trauma and the process of healing – recreating our song lines and healing trails from a Facilitators'/ Participants' perspective. This will be facilitated through experiential processes using art, symbols, music, theatre, emotional release, body work, storytelling and mapping and reflective discussion embodied in deep listening – equipping facilitators with the skills to work in this space.

## **REGISTER HERE**

Only 25 places available



This Workshop is suitable for anyone working in the Human Service Sector 37.5 Class A CPD points through PACFA

#### Cost:

**\$4,400** per person (*includes* GST) Choose from full payment upfront, or 4 x monthly payments.

#### Dates:

Monday 14th August to Friday 18th August

**Times:** 9:00am – 4:30pm, daily

#### Venue:

Apmwerre (Black tank outstation) 80km Northeast of Alice Springs (more information on page 3)

#### What is Provided :

- All meals
- Accommodation (Swag, tent, stretcher)
- Airport transfers from and to Alice Springs airport
- All workshop resources
  - o Facilitators Manual
  - o Certificate of Attainment
  - Copy of Judy Atkinson's Trauma Trails
  - Ongoing mentoring and support
  - Boxed set of Healing Cards

Disclaimer: Due to the limited number of places, We Al-li reserves the right to select who can attend this workshop. The primary aim is for us to identify future facilitators to work with us. It may be that even if you have paid we may later inform you that you have not been successful in your application. In that case your payment will be refunded within 7 days.

# **Workshop Facilitators**



### **Carlie Atkinson**



Carlie (Caroline) Atkinson is a Bundjalung and Yiman women and an accredited Social Worker with a PhD (Charles Darwin University, 2009). Dr Atkinson is an international leader in complex and intergenerational trauma and strengths-based healing approaches in Indigenous Australia. She has focused her career on the interplay between trauma and violence in Aboriginal peoples in Australia, has developed extensive community and practice-based experience through her collaborative co-designed resource development work, and developed Australia's first adapted, culturally sensitive, reliable and valid Aboriginal trauma assessment measure. She is the CEO of her family organisation, We Al-li, designing and coordinating delivery of Culturally Informed Trauma Integrated Healing Approaches (CITIHA) training and resource development for organisations and communities across Australia focusing on systems transformation and implementation.

#### **Judy Atkinson**



Emeritus Professor Judy Atkinson retired from formal academic work at the end of 2010. She researched and co-authored the Aboriginal and Torres Strait Islander Women's Task Force on Violence Report for the Queensland government. Her book, Trauma Trails – Recreating Songlines The transgenerational effects of Trauma in Indigenous Australia, was shortlisted for an Australian Human Rights Award. She is presently Patron of the We Al-li Trust, as she continues to work across Australia on community based violence-trauma specific recovery programs. Judy assisted the University of Wollongong in the development of their postgraduate program: the Graduate Certificate in Indigenous Trauma Care and Recovery Practice, and is working with Charles Darwin University on new postgraduate programs.

#### Ash Dargan



Ash gained his Masters of Indigenous Studies under Dr. Judy Atkinson following her work in Trauma Informed approaches to community recovery as the Australian Federal Government moved to set up and fund the Aboriginal and Torres Strait Islander Healing Foundation. Since that time he has held State and Territory senior leadership positions across the Education, Mental Health, Justice and Community Service sectors.

Ash is passionate about leading change processes that enable better and fairer outcomes for Aboriginal and Torres Strait Islander peoples. As a critically reflective thinker he bridges the cultural divide allowing ideas to flow into actions that make sense for services and consumers. He was one of the founding members of the Larrakia Healing Group that produced one of Australia's leading resources on 'place based' Transgenerational Trauma and how to heal from its compounding effects within a historical framework.

#### **Tyson Carmody**



Tyson Carmody is a trusted narrative therapist, community leader, proud Arrente man, father, and the founder and managing director of Kings Narrative. His vision at Kings Narrative is to support Aboriginal men to be the authors of their own story and build a proud future for his sons to inherit. Anyone who has worked with Tyson knows the patience, generosity, and knowledge he brings to everything he does. His work now is firmly grounded in systems change, strong communities and nurturing black excellence. He is highly sought after as a speaker, facilitator, and mediator. Tyson has held many lead positions throughout Mparntwe (Alice Springs) across youth and community development including roles as Coordinator -

Reconnect Program at The Gap Youth and Community Centre, Head of Wellbeing - St Josephs's Catholic Flexible Learning Centre, Director - Centralian Senior College Clontarf Academy, and Head of Health and Wellbeing - Children's Ground Central Australia.

#### **Jem Stone**



Jem Stone is a First Nations Woman, Educator and Wellness Practitioner who is passionately integrating original knowledge into education and wellness spaces through connection and decolonised learning methods. Jem acknowledges all her ancestral roots that include Indigenous Australian from the Bundjalung Nation, First Nations American, Afro Caribbean, English and Irish. Working in the wellness industry for over twenty years, Jem Stone arrived in healing spaces through her own personal healing journey and continues to walk her healing path and dedicates much of her time learning from Elders and other cultural teachers. Jem is passionate about creating safe, inclusive, decolonised spaces for healing.

#### About the venue





Apmwerre (Black tank outstation) is 80km Northeast of Alice Springs and is the homeland of which Kings Narrative operates, Tyson Carmody is a Traditional Owner of Apmwerre and his cultural and spiritual connections to his land run deeps.

#### Healing on country. Healing at its deepest level, happens on country.

We cannot begin to see and understand our problems as Aboriginal people until we decolonise the playing field to give life to our experiences that stand up against the dominant discourse. For us as Aboriginal people Country and Culture is where we find our way, navigating through problem stories to begin re-authoring them and bring into view our preferred stories.

Being on Country provides us the safe, strong, and cultural feeling needed to prepare us, to be ready to unpack and see our problem stories and how they operate in our life's. On Country we can give meaning to these stories and so in turn we can understand them. When we can see it and understand it, then we are able to do something about it. That is why we do what we do out on Counry.

In town everything can seem like it's falling apart, out on country it seems like everything is falling into place.



Healing People - Sharing Culture - Regenerating Communities

# We Al-li's Facilitator Training

### Recreating Songlines from Trauma Trails: The ceremony of Indigenous Facilitation Practice

## Workshop 14th August -18th August

Event Name:	Recreating Songlines from Trauma Trails: The ceremony of Indigenous Facilitation Practice
Dates:	Monday 14th August to Friday 18th August
Times:	9:00am – 4:30pm, daily
Venue:	Apmwerre (Black tank outstation) 80km Northeast of Alice Springs
Cost:	<b>\$4,400 per person</b> (includes GST) Choose from full payment upfront, or 4 x monthly payments.
What is provided:	<ul> <li>All meals</li> <li>All workshop resources</li> </ul>
	<ul> <li>Facilitators Manual</li> <li>Certificate of Attainment</li> <li>Copy of Judy Atkinson's Trauma Trails</li> <li>Ongoing mentoring and support</li> <li>Copy of Judy Atkinson's Trauma Trails</li> <li>Boxed set of Healing Cards</li> </ul>

#### **Payment Information:**

To register and secure your place for this workshop, click here

Cancellation Policy	
More than 30 days prior to first day of the workshop – 100% refund	
Between 14-30 days prior to first day of the workshop – 50% refund	
Less than 14 days prior to the first day of the workshop - Nil	

Any queries, please contact our Chief Operating Officer, David Ryan, on 0499 993 413 or david.ryan@wealli.com.au