



54 reasons Kids Connect

A social and emotional learning program

Kids Connect is a 16-week social and emotional learning program for primary school children, providing additional support for developing the emotional regulation, self-esteem and social skills that are fundamental to successful and fulfilling engagement at school, at home and right through to their adult lives.

Children participate in small groups of similar-age peers, with two facilitators per group. This offers a supported and focused learning environment for children to develop their understanding and experience of connection to others, personal strengths, resilience, emotional regulation and positive behaviour and communication choices. Activities are fun, practical, and interactive, including games, music and movement, problem solving challenges, meditation, arts and crafts, group discussion, and teamwork. Facilitators apply child learning and development principles and strength-based practices in the delivery of sessions and are trained in trauma awareness, cultural responsiveness, and child safeguarding.

Sessions

Kids Connect is delivered at schools in a series of 16 weekly 1-hour sessions, either during Terms 1 & 2 or Terms 3 & 4.

Upper Primary Program (Age 8-12 / Grade 3-6), 60 minutes for one group of up to 10 children.

Lower Primary Program (Age 5-8 / Grade P-2), 30 minutes for two groups of up to 6 children per group.

Referrals

Children are referred by their teacher, principal, and/or other key staff with the consent of their primary caregiver. Caregivers are contacted both by the school and then by Kids Connect staff to ensure they have the information they need and to engage them in their child's learning journey.

Previous participant feedback

"I have made more friends"

"I learned how to help people that are being bullied"

"I am not getting into so much trouble in class"

"I don't want to fight when I get mad"

"I have stood up in front of people and introduced a visitor"

"I can control my anger at school now"

For more information, please contact:

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