



Right Care Right Place Training Opportunity

Eating Disorders, Disordered Eating & Body Image Concerns

About the trainer

Dr Emma Spiel (she/her) is the Workforce Development Lead for the [National Eating Disorders Collaboration](#) (NEDC).

NEDC works with organisations to help build skills, confidence and readiness to identify and respond to people at risk of or experiencing an eating disorder and their families/supports and communities.

Emma is a Clinical Psychologist who has held clinical, supervisory and trainer positions in both private and public settings. She has led projects focused on sustainable, evidence-based service development and has expertise in workforce development implementation and evaluation.

With lived experience of an eating disorder, Emma is passionate about improving systems and services for those affected. She is particularly interested in the connections between culture and the experience of food, bodies, gender, neurodivergence, and marginalised identities.

Emma is currently working to support the integration of eating disorder content within [tertiary education](#), supporting workforce development across Right Care Right Place regions, and consults with the health, mental health and community, education and support sectors to strengthen the workforce across the [Stepped System of Care](#).

